

Orange Belt Worksheet

Orange Belt- New Growth of Spring

Do Bok- Uniform

Definitions:

Sincerity- Honesty of mind

Friendship- One attached to another by affection

Questions:

What are the two classifications of Hap Ki Do history that we recognize?

What happened in 372 AD to make this our founding date?

Name the two Modern Day Founders of Hap Ki Do and what did each one do to be credited as a Founder?

Know all Basic Kicks in Korean